



Steamboat Newsletter—Vol 12
www.steamboatcyclingclub.com



Welcome to summer 2021! It is warming up (or should we say heating up) and we are just around the corner from some big rides coming up! Ride lots!! Ride Safe!!

June-July Spotlight

(a series on what we love to do)

2021 Sponsors

For this month's spotlight....we thought about touching base with a couple of our club members and get their thoughts on several questions.

Ricky Stayton and Deonna Shake agreed to provide us with their answers about what we all love to do—ride our bike!

GREATEST RIDE:

Deonna: completing MY 4th Hotter'N Hell after total knee replacement !



Ricky: 2018 recon of the new TdG 100K ride. This was MY first 100K with a good turnout of riders and "Coach" Shane Williford" instructing all on the benefits of an echelon! Plenty of rest stops! FUN!!!




HOW CYCLING CHANGED ME:

Ricky ➡ it's a fun easy way to get great cardio exercise; being outdoors with the wind in your face and meeting great people!

Deonna ★ First and foremost it has introduced me to a whole new set of friends that I wouldn't have met & it's a terrific outlet for me physically, emotionally, and spiritually. There ISN'T another hobby that gives me such JOY!

CRAZIEST MOMENT!!!!

Deonna THE INSTANT I KNEW I WAS ABOUT TO BE CLOTHESLINED OFF OF MY BIKE—GOING 20 mph—BY AN UNSEEN YELLOW  ROPE! MY ELBOW DIDN'T FARE SO WELL HITTING THE PAVEMENT!!!



Ricky 8—11—2018 Saturday GROUP Ride 100K and a crazy pile up of riders on US83/84—THANKFULLY—only road rash to those who fell!

(cont'd on back)

BUCKET LIST:

Deonna → *A RIDE AROUND LAKE TAHOE WITH FRIENDS!!!*

Ricky ← *TO RIDE 100 MILES!!!!!!*

DREAM RIDE PARTNER

DEONNA -- a working bike, AND someone who keeps me from getting lost, challenges me, or allows an easy ride (depending on what my body needs) and is a great listener !

RICKY



2021—A View on the Road!



Tour de Gap—July 24/25

See you at the Gap for one of the rides on Saturday—11 mile; 50K or 100K; then on Sunday the 20K Time Trial. If you are not going to ride or can help....WE NEED YOUR HELP! Touch base with Mark or Bill!

2021 Cycling Calendar

- ♦ **June 26—Paws to the Pedal—Olney**
- ♦ **July 10 —Peach Pedal Bike Ride—Weatherford**
- ♦ **July 24/25—Tour de Gap—Buffalo Gap**
- ♦ **August 7—Blazin Saddle 75—Granbury**
- ♦ **August 28 Ju—Hotter'N Hell—Wichita Falls**



Steamboat Cycling Club

ICE CREAM Social

JOIN OUR ICE CREAM SOCIAL & SUMMER CLUB MEETING

TUESDAY—JUNE 29 6:30-8 PM
KATHY STRONG'S HOUSE—433 AVENIDA DELEON

BRING YOUR FAVORITE HOMEMADE ICE CREAM/DESSERT & DON'T FORGET LAWN CHAIRS & SPOUSE/FAMILY!!!!

USUAL DOOR PRIZES & WE WILL GIVE AWAY ONE FREE ENTRY TO THE TOUR DE GAP!!